

Lake Tahoe Classic Presents

SUNDAY SEMINAR

With

Felicia Oh



Date: August 31, 2008

Time: 9:00 am — 12:00pm

Cost: \$69 per person by August 15th
\$89 Day Of Seminar

Location: Charles Gracie Brazilian Jiu-Jitsu
Academy of Truckee/Tahoe

Felicia "Uh-oh" Oh is one of the world's top fighters in Brazilian Jiu-Jitsu and has dominated many national competitions. She was awarded her black belt by Jean Jacques Machado after just 4 1/2 yrs. an achievement that has left many of her male training partners both envious and struggling to keep up. In 2007, Felicia became the first woman to win both the Pan American Jiu- Jitsu Black Belt Gi and No-Gi divisions. After winning the ADCC North American Trials and securing her spot to represent the United States at the ADCC World Submission Wrestling Championship, she had convincing victories over a multi-time BJJ World Champion and a Japanese superstar that put her in the finals of the most prestigious grappling event in the world. In addition, she is certified in Kettlebell instruction (RKC) and Crossfit and currently teaches Brazilian Jiu-Jitsu, Submission Grappling, Kettlebells and Crossfit classes at Big John McCarthy's Ultimate Training Academy in Valencia, Ca. In August 2007, Felicia won the Gold Medal in Grappling at the FILA World Wrestling Games held in Antalya, Turkey.